Cooking Without Flame Competition

An Inter-House **Cooking Without Flame Competition** was organized for B.Ed. students of IIERD in our college campus on 18 January 2023. The judge for the event was Ms. Shweta Chopra, Faculty, India International School, Sitapura. The competition was conducted with a view to create awareness about the nutritional value of food cooked without flame.

Through this activity the students learnt the spirit of teamwork, culinary skills appreciating the hard work put into cooking. The aim of the competition was also to provide a platform for students to showcase their talent and explore new areas of interest.

Winners	House	Participants
First	Coral	1. Pooja Jadon 2. Divya Dadhich 3. Priyanka Meena 4. Pooja Tailor
Second	Sapphire	1. Shivani Singhal 2. Jyoti Meghwal 3. Priyanka Rathore 4. Kanchan Kalia